

**2009 Youth Risk Behavior Survey
Montana American Indian Students in Urban Schools
Trend Report**

<i>Injury and Violence</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	94.6	89.6	93.2	91.1	90.5	90.0	91.9
Never or rarely wore a seat belt when riding in a car driven by someone else	51.3	28.9	29.3	20.2	23.1	21.4	19.8
Never or rarely wore a seat belt when driving a car			31.2	24.3	29.2	27.2	23.1
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	58.3	49.3	46.3	34.1	38.0	41.2	34.7
Drove a car when they had been drinking alcohol during the past 30 days	37.1	25.1	26.2	18.7	18.9	20.7	17.5
Carried a weapon such as a gun, knife, or club during the past 30 days	36.2	31.1	32.2	27.5	29.1	29.4	31.0
Carried a gun during the past 30 days	21.9	17.0	16.4	12.1	12.1	12.6	14.6
Carried a weapon on school property during the past 30 days	23.2	20.2	20.9	11.1	16.4	13.0	14.1
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	4.7	9.0	7.6	5.1	5.8	6.9	5.8
Had been threatened or injured with a weapon on school property during the past 12 months	9.9	10.8	14.9	11.3	7.9	8.5	9.8
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months				28.4	33.2	29.8	Not asked
Were in a physical fight during the past 12 months	50.3	48.2	49.0	41.2	40.6	46.4	46.0
Were injured in a physical fight that required medical treatment during the past 12 months	10.0	10.0	6.6	5.9	6.9	8.2	6.1
Were in a physical fight on school property during the past 12 months	50.3	48.2	49.0	41.2	40.6	23.2	18.2
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months		15.4	13.3	13.8	14.1	15.1	15.3
Have ever been physically forced to have sexual intercourse when they did not want to		16.7	15.4	15.2	13.8	15.2	14.1
Had been bullied on school property during the past 12 months							30.1
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months							21.4

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Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months		36.5	36.4	35.6	36.8	35.6	36.5
Seriously considered attempting suicide during the past 12 months	31.8	24.2	29.4	25.6	21.6	24.3	21.4
Made a plan about how they would attempt suicide during the past 12 months	25.5	23.9	22.8	17.7	18.1	19.5	19.3
Actually attempted suicide during the past 12 months	19.2	16.3	28.7	18.5	16.3	18.4	16.7
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	4.7	6.8	10.5	4.7	5.9	4.7	6.3

<i>Tobacco Use</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Ever tried cigarette smoking	81.1	79.5	82.2	71.4	68.6	69.1	65.9
Smoked a cigarette before age 13	45.7	43.0	51.0	34.6	31.3	32.8	28.0
Smoked a cigarette on one or more of the past 30 days ("current")	54.3	50.2	49.3	32.4	35.3	34.7	33.6
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	29.8	29.4	29.0	16.9	15.2	16.4	10.8
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	14.5	13.1	12.1	8.4	5.0	11.1	5.2
Usually got their cigarettes by buying them in a store or gas station during the past 30 days			9.5	4.9	7.5	4.4	5.2
Smoked cigarettes on school property during the past 30 days	24.0	23.1	18.8	11.8	11.1	12.9	9.5
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")		39.6	39.1	28.2	27.7	26.8	21.6
Among current smokers, tried to quit smoking during the past 12 months			36.9	27.0	59.7	55.5	71.1
Used chewing tobacco, snuff, or dip during the past 30 days	26.0	19.9	18.5	17.5	19.3	15.2	18.0
Used chewing tobacco, snuff, or dip on school property during the past 30 days	20.7	11.2	14.2	10.5	11.6	10.3	13.6
Smoked cigars, cigarillos, or little cigars during the past 30 days		20.3	20.3	15.9	18.2	19.2	22.3

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<i>Alcohol and Other Drug Use</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Had at least one drink of alcohol during their life	92.1	86.9	89.2	83.1	78.8	79.7	78.9
Had first drink of alcohol before age 13	54.5	53.1	51.5	40.9	40.0	40.6	37.7
Had at least one drink of alcohol during the past 30 days ("current")	67.3	59.9	60.9	51.4	49.1	51.0	46.5
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	52.7	48.0	50.2	39.2	36.9	39.0	34.6
Among current users of alcohol, usually got the alcohol they drank from someone who gave it to them during the past 30 days							40.9
Had at least one drink of alcohol on school property during the past 30 days	12.6	9.5	14.6	6.5	7.1	8.6	9.5
Used marijuana during their life	60.9	56.5	57.7	48.3	45.5	52.1	52.7
Tried marijuana before age 13	21.2	31.2	26.1	20.4	17.9	23.8	16.5
Used marijuana during the past 30 days ("current")	40.0	37.3	36.1	26.2	23.1	29.8	28.6
Used marijuana on school property during the past 30 days	15.2	12.6	13.9	7.0	7.6	8.3	6.9
Used any form of cocaine during their life	13.7	21.2	18.9	15.0	15.1	13.0	10.3
Used any form of cocaine during the past 30 days ("current")	14.0	9.5	9.0	7.0	6.7	5.4	6.1
Used inhalants during their life	31.3	23.9	23.2	22.9	18.7	26.3	22.0
Used heroin during their life		10.4	9.5	4.7	5.8	6.3	3.5
Used methamphetamines during their life		24.1	21.0	15.2	13.3	10.5	5.1
Used ecstasy during their life				9.0	7.9	12.1	11.1
Took steroid pills or shots without a doctor's prescription during their life	9.3	8.6	12.0	5.7	7.6	6.5	6.1
Used a needle to inject any illegal drug into their body during their life	8.1	6.8	7.4	5.7	5.1	4.4	3.8
Were offered, sold, or given an illegal drug on school property during the past 12 months	28.9	33.9	32.4	25.2	23.5	24.6	28.3

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<i>Sexual Behaviors</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Ever had sexual intercourse	61.2	57.1	56.7	52.0	51.1	57.2	58.3
Had sexual intercourse before age 13	17.9	16.3	16.7	11.1	12.7	15.2	11.5
Had sexual intercourse with four or more people during their life	23.2	21.3	26.1	16.2	17.7	21.8	20.8
Had sexual intercourse during the past three months ("current")	37.4	39.7	38.8	34.0	32.9	35.9	38.6
Drank alcohol or used drugs before last sexual intercourse	40.5	37.6	40.5	28.4	34.5	30.5	30.1
Currently sexually active and used a condom during last sexual intercourse	48.8	58.9	54.8	64.8	65.8	61.3	63.8
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	11.1	13.3	13.0	11.8	13.4	19.6	15.6
Had ever been taught about AIDS or HIV infection	87.8	87.7	83.6	83.6	86.0	83.6	82.3

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<i>Weight Management and Dietary Behaviors</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Described themselves as slightly or very overweight	41.1	32.5	34.2	36.0	40.3	36.9	35.9
Were trying to lose weight	48.7	38.4	46.8	49.9	46.6	54.2	45.3
Exercised to lose weight or to keep from gaining weight during the past 30 days	56.1	62.1	61.1	63.4	59.2	63.4	64.8
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days		38.1	40.1	41.8	38.4	42.8	43.7
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days		14.7	20.9	18.2	19.2	19.5	18.2
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days		10.1	13.3	11.9	6.7	9.5	8.7
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	12.8	6.4	7.0	9.3	9.0	6.5	7.2
Drank 100% fruit juices during the past seven days		82.3	75.5	79.9	74.0	75.6	78.9
Ate fruit during the past seven days		85.5	83.1	88.0	83.4	87.2	88.8
Ate green salad during the past seven days		72.1	66.9	68.9	68.1	67.9	72.4
Ate potatoes during the past seven days		83.7	75.5	76.1	70.6	75.3	73.4
Ate carrots during the past seven days		55.0	54.6	55.6	50.9	53.5	56.9
Ate other vegetables during the past seven days		88.7	81.0	84.1	81.6	79.7	83.8
Drank pop on a daily basis during the past seven days						30.3	30.3
Drank three or more glasses per day of milk during the past seven days		24.6	26.1	21.2	19.6	18.7	19.1

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<i>Physical Activity</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Were physically active for at least 60 minutes per day on 5 or more of the past seven days						47.1	46.1
Watched three or more hours per day of TV on an average school day		33.4	35.5	30.4	29.5	25.7	25.5
Played video or computer games for 3 or more hours per school day						18.5	21.1
Attended physical education (PE) classes on one or more days in an average week when they were in school	66.9	64.2	65.9	65.2	63.6	64.0	60.7
Attended physical education (PE) classes daily in an average week when they were in school	26.9	37.7	29.6	33.2	35.5	37.6	32.7
Played on one or more sports teams during the past 12 months		62.3	63.4	64.6	56.2	58.2	58.0

<i>Other</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Have been told by a doctor or nurse that they have asthma					19.4	26.8	26.2
Still have asthma						17.2	20.5